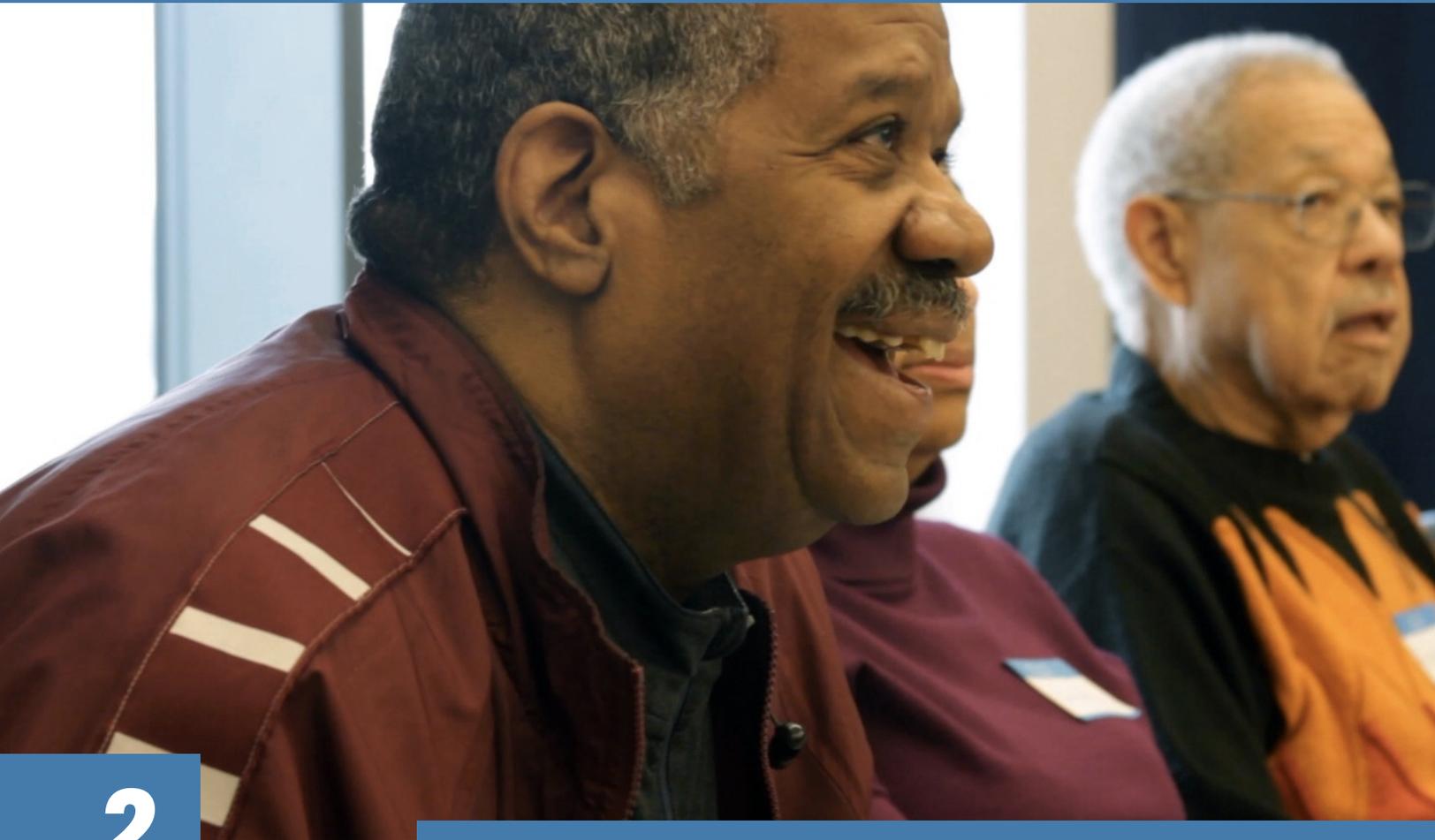


I'm Still Here



2
0
2
2

ANNUAL REPORT

I'm Still Here Foundation, Inc.
7 Wainwright Road, #35
Winchester, MA 01890
(781) 816-5151
info@imstillhere.org

September

I'm Still Here



A letter to you...

Dear Friends,

I'm Still Here continues its unwavering commitment to helping those living with dementia and their care partners to flourish. Too often, a diagnosis of Alzheimer's disease leads one to think that life is over; one's remaining years are only a journey toward death. I'm Still Here is changing that thinking to a journey of love, joy, laughter, hope, purpose, and possibility.

While there is no cure for Alzheimer's and other dementias, one can still have a life filled with engaging and purposeful activities, love and joy. Like so many other incurable diseases, it is about managing the disease in the best way possible. I'm Still Here wants to discard the despair by showing how engagement serves as treatment for those afflicted and creates a sense of purpose and joy for those who care for loved ones.

In June 2022, the I'm Still Here Board of Directors recommitted to a strategic framework and new goals that will carry our message forward. We are building a national and international community that knows, understands, and utilizes engagement as a positive approach to the treatment of dementia. In addition, we continue to fund new innovative programs that utilize the I'm Still Here principles in reaching those living with dementia, including those living at home, in care facilities, and in community organizations.

We hope you will continue to follow our work and support this life-affirming approach to bring positive change to the millions who will be afflicted by dementia, individuals and family member alike.

Jerry Pucillo, Chair, Board of Directors

Mary Anne Grant, Executive Director

I'm Still Here

T OGETHER
E VERYONE
A CHIEVES
M ORE



Our Team

OUR BOARD

Jerry Pucillo, MA, President
Chris Kincaid, Treasurer
Susan Law, Secretary

BOARD MEMBERS

Deke Cateau
Reese Fayde
Maria Graham
Paul Raia
Jacqueline Vischer, Ph.D.
John Zeisel, Ph.D., Founder

EXECUTIVE DIRECTOR

Mary Anne Grant

I'm Still Here

Our Mission

To promote positive I'm Still Here engagement programs that enable persons living with dementia to flourish.

I'm Still Here Principles

To ensure dignity, give hope, and make a difference.

Dignity

- Positivity: Encourage the person to use their skills and abilities to succeed and to master new skills.
- Respectful: Respect each person's choices, wishes and capacities.
- Meaningful: Create meaning in the life of each person by helping them give to and share with others.
- Relational: Reinforce relationship with care partners.

Engagement

- Acceptance: Engage the full person – they are still there.
- Creative: Use the arts and all the senses to engage persons living with dementia.
- Inclusive: Include and involve all care partners in programs and activities.
- Open-minded: Employ all methods to reduce medications.

Community

- Comprehensive: Reach persons with dementia living at home and in other settings.
- Involved: Include all persons living with dementia in their communities.
- Inventive: Take advantage of existing community resources.

Education

- Encouragement: Help everyone living with dementia to learn and grow.
- Enlighten: Inform individual & community partners in positive new ways to engage persons living with dementia.

Grantees

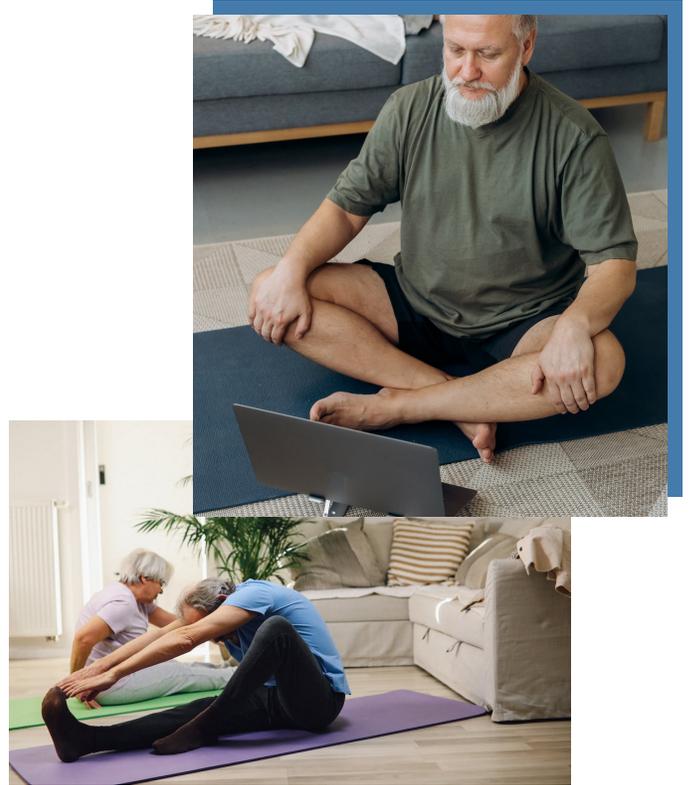
The Art Is...In program created by the University of Chicago Medicine Memory Center and GoldMind Arts mailed over 400 curated art kits to persons living with dementia and their care partners. The kits include art materials and instructions to help people engage in meaningful art projects in their own homes. Participants reported that the art activities helped reduce stress and elevated moods of those living with dementia. As one person noted: "These weekly art kits bring out a side of him that we never see! My husband is enjoying these and laughing like he hasn't done in a long time." Student volunteers from the University supported the GoldMind Arts project by reaching out to participants.



The Martha's Vineyard Center for Living developed the Community Social Connections Program which offers social events throughout the community for persons living with dementia—mostly living at home and getting out infrequently—and their care partners. Monthly outdoor events have offered live music in a local park, riding stable and museum. The program reduces stigma through community awareness while promoting dignity, supporting independence, and fostering community engagement.

Grantees

The Town of Arlington, (MA) offers Virtual Yoga Classes which engage persons living with dementia at home and their care partners in weekly online yoga classes led by instructors with specialized dementia training. The program helps to reach shut-ins during these COVID years and makes the classes available to neighboring towns and cities.



The Man's Best Friend program developed by the Poydras Home in New Orleans has deep roots in the community. Poydras created a partnership with the Zeus animal shelter to bring dogs into their residence where the dogs could roam like in a real home. The residents engaged with the dogs, groomed them, and made no-sew blankets and 'Adopt Me' bandanas in getting the dogs ready for adoption into a permanent home. Not only did this help the residents by reducing agitation, but also adoption rates increased and animals were quick to find a home.

I'm Still Here

I'M STILL HERE FOUNDATION
STATEMENT OF FINANCIAL POSITION

Assets	2021	2020
Current Assets		
Cash	<u>\$ 61,305</u>	<u>\$ 53,941</u>
Total Current Assets	<u>\$ 61,305</u>	<u>\$ 53,941</u>
Total Assets	<u>\$ 61,305</u>	<u>\$ 53,941</u>
Liabilities and Stockholders' Deficit		
Current Liabilities		
Due to related party	<u>\$ -</u>	<u>\$ -</u>
Total Current Liabilities	<u>\$ -</u>	<u>\$ -</u>
Net Assets		
Without Donor Restrictions	\$ 61,305	\$ 53,941
With Donor Restrictions	<u>\$ -</u>	<u>\$ -</u>
Total Net Assets	<u>\$ 61,305</u>	<u>\$ 53,941</u>
Total Liabilities and Net Assets	<u>\$ 61,305</u>	<u>\$ 53,941</u>

I'm Still Here

**Thank you to
our Donors!**



Cummings Foundation
Norman Alm
Nancy Aronie
Deke Cateau
Lynsey Cozens of Oak Financial
Galen Craz
Doug Farrington
Michael Friedman
Louise Gikow

Mary Anne Grant
Pete Green
David Kamp
Nina Kaye
Sunnie Kenowsky
Robert Kramer
Susan Law
J-L Mandeville
Alexander Marshall
Network For Good
Steve Oles
Shreyas Patel
Jerry Pucillo
Brooks Robards
Tony Robbin
Jerry Sabloff
Mardelle Shepley
John Striker
Pilar Viladas
Jacqueline Vischer & John Zeisel
Kimberley Wilson